

Matrix Sports Academy Welcome Letters

Welcome to the Matrix Sports Academy All-Girls Middle School NFL Flag League!

Maryland's First and Only All-Girls Flag Football League for Middle School Girls

This is history in the making — and you are part of it!

Matrix Sports Academy is proud to introduce the first-ever All-Girls Middle School NFL Flag Football League in Maryland — a groundbreaking opportunity for girls to step onto the field, build confidence, and show that strength, skill, and sisterhood belong in the same sentence.

This league isn't just about football — it's about empowerment, teamwork, and growth. Every player will learn to lead, challenge herself, and celebrate what it means to play with purpose.

Here's what to expect this season:

8-Game Regular Season — fast-paced matchups filled with energy and excitement

Top 4 Teams Advance to the Playoff Series and Championship Game

Player of the Week — chosen by teammates and featured across our platforms

Every Game Filmed for highlight coverage and social media features

Post-Game Interviews, Live DJ, Snack Concessions, and a true Family Atmosphere

Focus on Skill Development, Sportsmanship, and Empowering Young Women Through Sports

Every snap, every catch, every celebration tells a story — her story.

Welcome to a league where girls rise, lead, and love the game.

Matrix Sports Academy — Where Confidence Takes the Field.